

Understanding ADHD and Behavioral Management

**Presented by: Colleen
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Advanced Certified
ADHD Provider**

When: June 17th
Time: 4-7 PM
Location: Denver Family
Therapy Center

Cost: \$40/family
*Funding available upon need

To register for this event, call
Lindsey@720-316-1179
Participation will max at 20 families

Please join us for an engaging and informative evening dedicated to exploring the fundamental principles of ADHD treatment and management. This session is designed for parents and caregivers seeking to better understand and support individuals with ADHD.

Whether you're new to ADHD or looking to deepen your knowledge, this event offers practical guidance and evidence-based approaches to medication and behavioral management.

Topics will include:

- **Understanding the diagnostic process for ADHD**
- **Common co-occurring conditions and risk factors**
- **Medication management and treatment options**
- **Behavioral strategies and structural interventions for executive dysfunction**
- **Tools for managing emotional dysregulation**
- **The role and benefits of psychotherapy**

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